

Madhulika Arutla

- Chief- Clinical Nutritionist with over 7years of experience.
- Involved in nutrition screening of in-patients using standardized screening tools (SGA, NRS, ESPEN 2003).
- Planning and monitoring therapeutic diets of all in-patients. Monitor patient's progress and make appropriate modifications.
- Involved in critical care nutrition (enteral & parenteral nutrition).
- Contacting patients on an outpatient basis to ensure compliance of diet.
- Managing the weight of overweight patients.
- Pursuing PhD on project titled "Efficacy of Enteral Glutamine Supplementation on Predicted Severe Acute Pancreatitis- A Randomized Controlled Trial".
- Involved in clinical research projects in medical nutrition therapy of hospitalized patients.
- Preceptor of clinical nutrition for dietetic interns since 2009.
- Involved in the dietary treatment of disease and health conditions.
- Undertaking comprehensive assessment of a patients' nutritional condition.
- Involved in the formulation of departmental policies, standards and procedures.
- Created training manual for RD interns.
- Participate in community education including TV/radio interviews, promotional booths, forums and presentations on various nutrition topics and career in dietetic profession.
- Initiated 'Weight Management Program' at AIG, 2012.
- Monitoring diet of Chief Minister of Andhra Pradesh, Mr. Nara Chandrababu Naidu since 2011 April and Chief Minister of Madhya Pradesh, Mr. Shivraj Singh Chauhan since March 2015.
- Conducting Nutrition Awareness Programs in Hospital.
- Nutrition articles in Newspapers.
- TV programs on Health.